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What Works for Women at Work The Complete Book Of Running For Women Making Space for Women Invisible Women She Wins, You Win Stop Liking Other Girls' F*cking Photos Dating Advice for Women from Men: Tips and Stories from the Inside Lean In The Art of War for Women Why Women Kill Not Done Yet! A Vindication of the Rights of Woman An Enquiry Into the Duties of the Female Sex The Confucian Four Books for Women Plays for Actresses In This Together BeAttitudes for Women Daily Prayers and Promises for Women The Politics of Women's Rights in Iran Trusting Ourselves DRIVEN: a Guidebook for Women by Women; to Inspire and Empower How to Love Yourself Deeply Women in Business and Management Think Women Take Care A Gender Agenda The Little Red Book Women's Reality Animals and Women The Subjection of Women Extracting the Precious from Isaiah Woman to Woman For Women Only The Bicycling Big Book of Cycling for Women Obsessed The End of Men Chains Off Wings On Oregon Blue Book Unwell Women Memorandum on the Increasing Employment of Women

The Little Red Book Nov 27 2020

Obsessed Mar 20 2020 A must-read, high in demand, detailed look at OCD from a Black Woman's view! A day in the life of a Black Woman with OCD... If you were to search on Amazon today (2019) for a book that helps Black Women cope with Obsessive Compulsive Disorder (OCD), you would find everything BUT! Searching the terms "OCD for Black Women" or "OCD for Women of Color"... nothing! Why? Because there is little to none research or help/assistance for Women of Color in regards to OCD. Perhaps it is because of the culture of Black Women to "keep quiet", "speak when spoken to", "what happens in this house stays in this house", "stop whining and complaining"... does any of this sound familiar? Or perhaps it is the feeling that OCD leaves behind... embarrassed, ashamed, frustrating, agitated... My name is Dionne Murphy and I suffer with Obsessive Compulsive Disorder. I used to think I was all alone in my suffering until I started to do my research in my quest for answers. What I found was that 1 in 40 adults and 1 in 100 kids suffer with OCD. This alarming statistic assures me that I am not alone. The real problem is that OCD, especially in African American women, is often misdiagnosed, if diagnosed at all, and rarely, if ever, spoken of. The culture of Women of Color has from the beginning of time taught us to hold things in, keep secrets, and trust no one. That type of attitude stems from years of abuse and/or trauma. Mental illness in the African American community as a whole is something that is rarely spoken of, let alone studied by experts. So when we look for help, it is rather difficult to find. I want to share with you some truths about mental illness in the African American Community so that whether you are dealing with OCD, or some other mental illness, you know that you are NOT alone in your journey... and it's okay to get help.

The End of Men Feb 17 2020 Essential reading for our times, as women are pulling together to demand their rights— A landmark portrait of women, men, and power in a transformed world. “Anchored by data and aromatized by anecdotes, [Rosin] concludes that women are gaining the upper hand.” –The Washington Post Men have been the dominant sex since, well, the dawn of mankind. But Hanna Rosin was the first to notice that this long-held truth is, astonishingly, no longer true. Today, by almost every measure, women are no longer gaining on men: They have pulled decisively ahead. And “the end of men”—the title of Rosin’s Atlantic cover story on the subject—has entered the lexicon as dramatically as Betty Friedan’s “feminine mystique,” Simone de Beauvoir’s “second sex,” Susan Faludi’s “backlash,” and Naomi Wolf’s “beauty myth” once did. In this landmark book, Rosin reveals how our current state of affairs is radically shifting the power dynamics between men and women at every level of society, with profound implications for marriage, sex, children, work, and more. With wide-ranging curiosity and insight unhampered by assumptions or ideology, Rosin shows how the radically different ways men and women today earn, learn, spend, couple up—even kill—has turned the big picture upside down. And in *The End of Men* she helps us see how, regardless of gender, we can adapt to the new reality and channel it for a better future.

For Women Only May 22 2020 What's going on in a man's mind? Feldhahn's research reveals the inner lives of men and will open women's eyes to what the men in their life are really thinking and feeling.

The Politics of Women's Rights in Iran Aug 05 2021 Osanloo Arzoo presents an ethnographic study that explores how conceptions of liberal entitlements fused with a discourse of equality in Islam in the post-revolutionary era to inform & shape women's perceptions of rights.

DRIVEN: a Guidebook for Women by Women; to Inspire and Empower Jun 03 2021 Women all across the world have come together to share their knowledge, joys and pains of business, love, parenting, self-care, goal setting, finances and more. This guidebook leaves no stone unturned to help you find your will to reach greater heights. You'll be ready to stop giving room to excuses and instead you'll be ready to push forward in your dreams and truly crush your goals.

What Works for Women at Work Feb 23 2023 Up-beat, pragmatic, and chock full of advice, *What Works for Women at Work* is an indispensable guide for working women. An essential resource for any working woman, *What Works for Women at Work* is a comprehensive and insightful guide for mastering office politics as a woman. Authored by Joan C. Williams, one of the nation’s most-cited experts on women and work, and her daughter, writer Rachel Dempsey, this unique book offers a multi-generational perspective into the realities of today’s workplace. Often women receive messages that they have only themselves to blame for failing to get ahead—Negotiate more! Stop being such a wimp! Stop being such a witch! *What Works for Women at Work* tells women it’s not their fault. The simple fact is that office politics often benefits men over women. Based on interviews with 127 successful working women,

over half of them women of color, *What Works for Women at Work* presents a toolkit for getting ahead in today's workplace. Distilling over 35 years of research, Williams and Dempsey offer four crisp patterns that affect working women: Prove-It-Again!, the Tightrope, the Maternal Wall, and the Tug of War. Each represents different challenges and requires different strategies—which is why women need to be savvier than men to survive and thrive in high-powered careers. Williams and Dempsey's analysis of working women is nuanced and in-depth, going far beyond the traditional cookie-cutter, one-size-fits-all approaches of most career guides for women. Throughout the book, they weave real-life anecdotes from the women they interviewed, along with quick kernels of advice like a "New Girl Action Plan," ways to "Take Care of Yourself", and even "Comeback Lines" for dealing with sexual harassment and other difficult situations.

Memorandum on the Increasing Employment of Women Oct 15 2019

Daily Prayers and Promises for Women Sep 06 2021 Experience a deeper and more meaningful connection to your heavenly Father with Daily Prayers and Promises for Women.

Chains Off Wings On Jan 18 2020 Are you ready to make changes, yet too scared and in need of a sister to initiate the first step? If you can relate to any of the following statements, then this book is exactly what you need: "I don't know what to do, should I stay in my unhappy relationship or leave? "What happens with the children if I step out of my relationship? "I cannot see a future for myself." "I feel as if I'm trapped. What do I need to do to get unstuck? "I am so scared of the unknown. What should I do?" This book will teach you how to navigate through your problems. Andrea takes you on a deep dive through Transformational Coaching Models which she has handpicked for you and which will empower you in your journey as a woman. She invites you to explore along with her, all these magical formulas from four different angles: 1. Awareness: This is all about getting to know your mindset and becoming aware of where you are at in your life at this moment. 2. Approach: The beauty about this section is, that it breaks down the most seemingly vague subject into something very specific and it teaches you to visualize how the model works. 3. Action: This is where Andrea gets up close and personal with your story. She invites you to get your hands dirty and go down into the trenches because she knows, the deeper you dig, the higher you will rise above your limitations. 4. Abundance: Isn't that what we all deserve? Here, Andrea calls on you to you to experience an abundance of spirit. Double up your commitment to yourself when working through this section. Give it all you got "CHAINS OFF - WINGS ON" provides you with the procedures and techniques that have helped millions of women globally to reignite the fire within themselves, overcome their fears, identify their life's purpose and enjoy living it.

Women in Business and Management Apr 01 2021 This manual provides practical guidance on implementing the current international standards on employment in the informal sector as adopted by 15th International Conference of Labour Statisticians in 1993, as well as the guidelines on informal employment adopted by the 17th ICLS in 2003.

In This Together Nov 08 2021 Thoughts, advice, and stories from 40 successful women across a variety of careers—from authors to actresses, CEOs and professors—encouraging women to support each other in the workplace and in life—along with action plans on how all women can work together to break free from the binds of gender inequality. Women worldwide are breaking their silence—coming forward against the men that have oppressed and abused them in the #MeToo movement. It's an exciting, liberating moment time of female empowerment—but now we have to relearn how to connect with each other. Instead of supporting each other through the challenges of a traditionally male-dominated working world, millions of women have experienced the polar opposite. Studies show that 30% of workplace bullies are female—employing tactics such as cyber bullying, verbal attacks, gossiping, and shunning to use against each other—and many women have garnered "mean girl" reputations as competitive and unsupportive in the workplace. Inside the galvanizing *In This Together*, 40 successful and eminent women from a wide range of fields show us how much we can achieve if we embrace our collective power and strength, instead of competing against each other—such as learning new skills to advance in our careers and ultimately earn more money, working to dramatically increase the number of women in leadership positions, and even recruiting men to take up workplace equality as their own impassioned cause. Empowering, stirring, and actionable, *In This Together* is an indispensable addition to every modern woman's arsenal in our continued fight for the opportunities we deserve.

She Wins, You Win Oct 19 2022 From the author of "Play Like a Man, Win Like a Woman" comes an empowering book that takes corporate success to the next level: It isn't enough for women to understand and learn men's rules--they must create their own.

Why Women Kill May 14 2022 Traditional homicide indicators are based on male violence - and do little to predict when, or whom, women will kill. Vickie Jensen shows that gender equality plays an important role in predicting female homicide patterns. Jensen's analysis of the occurrence of women's homicide reveals that lethal violence is most likely when severe gender inequalities exist in the family group. Her conclusions establish the clear relationship between political, economic, legal, and social equality for women and the reduction of all forms of domestic violence.

Oregon Blue Book Dec 17 2019

Extracting the Precious from Isaiah Jul 24 2020 Teaming with Lin Johnson, Donna Partow combines her varied life experiences with solid Bible teaching for unique books that will appeal to women's Bible study groups of all ages and interests as well as to individuals. Practical life applications are included in each inspiring lesson. Isaiah explores the faithfulness of God, including his choice to redeem a fallen world.

Women's Reality Oct 27 2020 Discusses a Female System that is fluid and encompassing, enabling women to liberate themselves from societal myths and express themselves freely. -- Introduction.

Trusting Ourselves Jul 04 2021 Definitive and comprehensive, *Trusting Ourselves* is the only book to cover every aspect of psychology as it applies to women. This groundbreaking work will empower its readers to understand and make decisions about their psychological well-being and treatment in much the same way *Our Bodies, Ourselves* redefined women's health care. In a radical reversal of the usual approach to psychological care, which assumes that only the professional understands the problem. Johnson strongly believes that women and their values, perspectives, and biases have merit, and that most patients understand why they're not happy with their lives. Trusting this self-knowledge and taking action on one's own behalf

provide a foundation for all the information in this book. It is time to revise psychotherapy to incorporate a woman's perspective.

A Vindication of the Rights of Woman Mar 12 2022

The Complete Book Of Running For Women Jan 22 2023 More women than ever are discovering the unique benefits of running -- for stress relief, weight management, endurance, and self-esteem. Women's bodies are not the same as men's, and though we can train just as hard and with the same passion for excellence, we have certain special concerns. Finally, there is a comprehensive guide exclusively for women who experience the pure joy of running, or want to. It's the simplest, fastest, most accessible way to fitness and good health known to woman. You don't need a partner, equipment, or even much time. Now, Claire Kowalchik, former managing editor of Runner's World magazine, answers every question about the overwhelmingly popular activity that builds endurance, melts fat, and even prevents illness. In this total running book for women, you'll learn: How to get started and stay motivated What to eat for optimal nutrition How to run during pregnancy and after menopause Why running is the most effective form of exercise How to prevent and treat injury What to wear -- from sports bras to running shoes How to prepare for everything from a 5K to a marathon Authoritative and friendly, The Complete Book of Running for Women is a sourcebook for both beginners and long-time runners. Along with wisdom drawn from the author's personal experience, you'll find advice from the experts: coaches, exercise physiologists, nutritionists, doctors, and other women runners. Including question-and-answer sections and a complete list of resources, The Complete Book of Running for Women tells you everything you need to know to be off and running toward better health and richer living.

Invisible Women Nov 20 2022 #1 International Bestseller Winner of the 2019 Financial Times and McKinsey Business Book of the Year Award Winner of the 2019 Royal Society Science Book Prize A landmark, prize-winning, international bestselling examination of how a gender gap in data perpetuates bias and disadvantages women, now in paperback Data is fundamental to the modern world. From economic development to health care to education and public policy, we rely on numbers to allocate resources and make crucial decisions. But because so much data fails to take into account gender, because it treats men as the default and women as atypical, bias and discrimination are baked into our systems. And women pay tremendous costs for this insidious bias, in time, in money, and often with their lives. Celebrated feminist advocate Caroline Criado Perez investigates this shocking root cause of gender inequality in the award-winning, #1 international bestseller Invisible Women. Examining the home, the workplace, the public square, the doctor's office, and more, Criado Perez unearths a dangerous pattern in data and its consequences on women's lives. Product designers use a "one-size-fits-all" approach to everything from pianos to cell phones to voice recognition software, when in fact this approach is designed to fit men. Cities prioritize men's needs when designing public transportation, roads, and even snow removal, neglecting to consider women's safety or unique responsibilities and travel patterns. And in medical research, women have largely been excluded from studies and textbooks, leaving them chronically misunderstood, mistreated, and misdiagnosed. Built on hundreds of studies in the United States, in the United Kingdom, and around the world, and written with energy, wit, and sparkling intelligence, this is a groundbreaking, highly readable exposé that will change the way you look at the world.

The Bicycling Big Book of Cycling for Women Apr 20 2020 It's a fact: Women are built differently than men. That means that women's bodies react differently to training, nutrition, and sometimes even riding itself. Yet most bicycling books are written without addressing any of these differences. This comprehensive cycling book addresses how to gear up and prepare for any goal--whether you want to ride for pleasure, complete your first 100 miles, or line up at a race. Top professional cyclist Selene Yeager has teamed up with the editors of Bicycling magazine to create The Bicycling Big Book of Cycling for Women, an easy-to-follow instructional manual geared specifically toward women and their unique needs. It breaks down the sport of cycling into easily digestible sections, beginning with the history of women's cycling and progressing into equipment, lifestyle, technique, training, fitness goals, nutrition, maintenance, and more. The book also includes a women-specific section regarding hormones and exercise performance, cycling while menstruating, cycling while pregnant, how menopause affects your training, and how specific parts of the female body are uniquely affected by cycling. The Bicycling Big Book of Cycling for Women is an indispensable, lifelong guide for every female cyclist.

The Confucian Four Books for Women Jan 10 2022 This volume presents the first English translation of the Confucian classics, Four Books for Women, with extensive commentary by the compiler, Wang Xiang, and introductions and annotations by translator Ann A. Pang-White. Written by women for women's education, the Confucian Four Books for Women spanned the 1st to the 16th centuries, and encompass Ban Zhao's Lessons for Women, Song Ruoxin's and Song Ruozhao's Analects for Women, Empress Renxiaowen's Teachings for the Inner Court, and Madame Liu's (Chaste Widow Wang's) Short Records of Models for Women. A female counterpart to the famous Sishu (Four Books) compiled by Zhu Xi, Wang Xiang's Nü sishu provides an invaluable look at the long-standing history and evolution of Chinese women's writing, education, identity, and philosophical discourse, along with their struggles and triumphs, across the millennia and numerous Chinese dynasties. Pang-White's new translation brings the authors of the Four Books for Women to life as real, living people, and illustrates why they wrote and how their work empowered women.

A Gender Agenda Dec 29 2020

Think Feb 28 2021 Explains how women can break free from the dumbed-down culture of reality TV and celebrity obsession and instead learn to think for themselves and live an intellectual life.

How to Love Yourself Deeply May 02 2021 STRONGLY LOVE YOURSELF Are you a lady seeking love for yourself? Do you wish to boost your self-confidence and self-worth? Do you get sick of giving to other people but yet feeling empty inside? We can only feel genuinely happy when we love who we are, and this book will teach you just how to do that. This book is for you if you want to learn how to feel more confident, more self-assured, and less self-doubt. You will find: Learn how to avoid comparing yourself to other people and how to get rid of your negative thinking. Learn to respect yourself more through developing self-love, elevating your self-esteem, and increasing your confidence. Realize how amazing and self-accepting and self-compassionate you are as a woman.

Unwell Women Nov 15 2019 A trailblazing, conversation-starting history of women's health—from the earliest medical ideas about women's illnesses to hormones and autoimmune diseases—brought together in a fascinating sweeping narrative. Elinor Cleghorn became an unwell woman ten years ago. She was diagnosed with an autoimmune disease after a long period of being told her symptoms were anything from psychosomatic to a possible pregnancy. As Elinor learned to live with her unpredictable disease she turned to history for answers, and found an enraging legacy of suffering, mystification, and misdiagnosis. In *Unwell Women*, Elinor Cleghorn traces the almost unbelievable history of how medicine has failed women by treating their bodies as alien and other, often to perilous effect. The result is an authoritative and groundbreaking exploration of the relationship between women and medical practice, from the "wandering womb" of Ancient Greece to the rise of witch trials across Europe, and from the dawn of hysteria as a catchall for difficult-to-diagnose disorders to the first forays into autoimmunity and the shifting understanding of hormones, menstruation, menopause, and conditions like endometriosis. Packed with character studies and case histories of women who have suffered, challenged, and rewritten medical orthodoxy—and the men who controlled their fate—this is a revolutionary examination of the relationship between women, illness, and medicine. With these case histories, Elinor pays homage to the women who suffered so strides could be made, and shows how being unwell has become normalized in society and culture, where women have long been distrusted as reliable narrators of their own bodies and pain. But the time for real change is long overdue: answers reside in the body, in the testimonies of unwell women—and their lives depend on medicine learning to listen.

BeAttitudes for Women Oct 07 2021 Life-Changing Attitudes Mark the Lives of Inspiring Women from Yesterday to Today A godly woman is marked by a godly attitude. Dorothy Kelley Patterson looks to the Bible for the timeless principles of virtuous character sought by godly women today. *BeAttitudes for Women* is an interactive devotional commentary. - Interactive - You will be drawn to participate through appropriate charts, study maps, and opportunities to meditate on the meaning of the text. - Devotional - You will be richly blessed by the inspirational quotations, hymns, poems, and vignettes coupled with the experience of the many years Dorothy Kelley Patterson has spent living in a family and ministering to women. - Commentary - You will find the Bible comes alive through brief and readable commentary sections of explanation, including studies of key words, grammatical notes, historical allusions, and explanatory information. Virtues, from humility to courage, are carefully examined in the Bible and applied to today's culture, exploring the remarkable lives of some extraordinary women.

Stop Liking Other Girls' F*cking Photos Sep 18 2022 Does your partner ever say things like "why the f*ck did you like so-n-so's photo?" Does social media ever cause "issues" in your relationships? If so, lean in and listen carefully, because you're likely f*cking things up that are preposterously avoidable. And can we really blame you? You've had no generational wisdom to implement and no reference books to study from. "The Art of War" was published in 5th century BC. "On the Origin of Species" was published in 1859. But you? You're just like everyone else winging this social media sh*t with no guidance whatsoever. Well, find yourself a "safe space" and line up, because the book of our era is ALMOST here...The first and only prescriptive self-help guide of it's kind, this book will help you learn how to conduct yourself and your social media in a manner which is least likely to be utterly f*cking ruinous to your relationships. But it's even more than that. I've also packed it with stuff to explain some of the "whys" of your less-than-helpful social behavior, tips on how to make simple adjustments in your romantic commitments that will yield vastly improved relationship health, and I've even included some ambitious guidelines (with zero professional credentials whatsoever), on how to grow and improve your skills in cultivating yourself into, "You 2.0."Because lets face it. Marriage is dying, and it's dying fast. It's been on the endangered list for years and while there's no shortage of other crises today like "turtles eating plastic," if we don't start focusing on THIS very important one, then we'll all be clipping six-pack rings to save those little buggers while we're waiting for divorce court to begin. We don't want that life. So lets fix whatever's fixable with ourselves before Nietzsche comes back to declare that "marriage is dead, and we f*cking killed it."

Women Take Care Jan 30 2021 Self-sacrificing mothers and forgiving wives, caretaking lesbians, and vigilant maternal surrogates--these "good women" are all familiar figures in the visual and print culture relating to AIDS. In a probing critique of that culture, Katie Hogan demonstrates ways in which literary and popular works use the classic image of the nurturing female to render "queer" AIDS more acceptable, while consigning women to conventional roles and reinforcing the idea that everyone with this disease is somehow suspect. In times of crisis, the figure of the idealized woman who is modest and selfless has repeatedly surfaced in Western culture as a balm and a source of comfort--and as a means of mediating controversial issues. Drawing on examples from journalism, medical discourse, fiction, drama, film, television, and documentaries, Hogan describes how texts on AIDS reproduce this historically entrenched paradigm of sacrifice and care, a paradigm that reinforces biases about race and sexuality. Hogan believes that the growing nostalgia for women's traditional roles has deflected attention away from women's own health needs. Throughout her book, she depicts caretaking as a fundamental human obligation, but one that currently falls primarily to those members of society with the least power. Only by rejecting the stereotype of the "good woman," she says, can Americans begin to view caretaking as the responsibility of the entire society.

Woman to Woman Jun 22 2020

Animals and Women Sep 25 2020 *Animals and Women* is a collection of pioneering essays that explores the theoretical connections between feminism and animal defense. Offering a feminist perspective on the status of animals, this unique volume argues persuasively that both the social construction and oppressions of women are inextricably connected to the ways in which we comprehend and abuse other species. Furthermore, it demonstrates that such a focus does not distract from the struggle for women's rights, but rather contributes to it. This wide-ranging multidisciplinary anthology presents original material from scholars in a variety of fields, as well as a rare, early article by Virginia Woolf. Exploring the leading edge of the species/gender boundary, it addresses such issues as the relationship between abortion rights and animal rights, the connection between woman-battering and animal abuse, and the speciesist basis for much sexist language. Also considered are the ways in which animals have been regarded by science, literature, and the environmentalist movement. A striking meditation on women and wolves is presented, as is an examination of sexual harassment and the taxonomy of hunters and hunting. Finally, this compelling collection suggests that the subordination and degradation of women is a prototype for other forms of abuse, and that to deny this connection is to participate in the continued mistreatment of animals and women.

Lean In Jul 16 2022 The #1 international best seller *In Lean In*, Sheryl Sandberg reignited the conversation around women in the workplace. Sandberg is chief operating officer of Facebook and coauthor of *Option B* with Adam Grant. In 2010, she gave an electrifying TED talk in which she described how women unintentionally hold themselves back in their careers. Her talk, which has been viewed more than six million times, encouraged women to “sit at the table,” seek challenges, take risks, and pursue their goals with gusto. *Lean In* continues that conversation, combining personal anecdotes, hard data, and compelling research to change the conversation from what women can't do to what they can. Sandberg provides practical advice on negotiation techniques, mentorship, and building a satisfying career. She describes specific steps women can take to combine professional achievement with personal fulfillment, and demonstrates how men can benefit by supporting women both in the workplace and at home. Written with humor and wisdom, *Lean In* is a revelatory, inspiring call to action and a blueprint for individual growth that will empower women around the world to achieve their full potential.

The Subjection of Women Aug 25 2020 "The object of this essay is to explain as clearly as I am able, the grounds of an opinion which I have held from the very earliest period when I had formed any opinions at all on social or political matters, and which, instead of being weakened or modified, has been constantly growing stronger by the progress of reflection and the experience of life: That the principle which regulates the existing social relations between the two sexes- the legal subordination of one sex to the other- is wrong in itself, and now one of the chief hindrances to human improvement ; and that is ought to be replaced by a principle of perfect equality, admitting no power or privilege on the one side, nor disability on the other."--
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The Art of War for Women Jun 15 2022 Forget everything you think you know about strength, strategy and success. This brilliant adaptation of the ancient masterpiece *The Art of War* shows women how to use Sun Tzu's philosophy to win in every aspect of life. Would you like to transform your weaknesses into strengths? Succeed at work without compromising your ethics? Integrate your style and personal philosophy into every action you take? If so, this book is for you. In *The Art of War for Women*, bestselling author Chin-Ning Chu brings the eternal wisdom of philosopher-general Sun Tzu to women looking to gain a better understanding of who they are--and, more importantly, who they want to be. Although Sun Tzu's book is about the application of strategies and determining the most efficient way of gaining victory with the least amount of conflict, every one of those strategies begins with having a deep understanding of the people and the world around us. They also require us to understand ourselves--our strengths and weaknesses, our goals and fears. In other words, the aim is not to apply a series of rules coldly and dispassionately, but rather to integrate ourselves and our unique talents into the strategies we will employ. This is not a feel-good book. (But you will feel good after reading it.) It is not a motivational book. (But you will be motivated to achieve what you want, once you are done.) Ultimately, its purpose is to provide women with the strategies we all need to overcome the obstacles that stand in the way of our goals and dreams. Sun Tzu's *Art of War* is the most influential book on strategy ever published, selling tens of millions of copies worldwide in several editions. Written by one of today's foremost authorities on Sun Tzu, *The Art of War for Women* is sure to become a classic in its own right.

Dating Advice for Women from Men: Tips and Stories from the Inside Aug 17 2022 "Dating Advice for Women from Men" was written for women by a man. It might sound a bit ironic but it is filled with great tips that ladies venturing into the world of dating can use. Based on what the author advises, the best dating tips for women comes from the male perspective. Author, Lance Steele believes that women who have a difficult time dating do not take the time to look at things from a male's point-of-view. What a male looks for in a woman and not the opposite way around is the key for a woman to find her special someone. Not understanding this angle often leads to ladies choosing the wrong man to pursue a relationship with or to end up ruining the one that they are with. This book is a great addition to any female's book collection as it zones in on the main points that a woman should focus on if she is seeking male companionship. The author has ensured that the text is laid out in a fashion that is easy to read and understand. In the dating game, all good advice is a necessary vice.

Plays for Actresses Dec 09 2021 Gather any group of actresses, from students to stars, and someone will inevitably ask, "Where are all the great roles for women?" The roles are right here, in this unprecedented and magnificently diverse collection of plays with all-female casts. The seven full-length and ten one-act selections range in tone from the unabashed theatricality of Edward Albee's Pulitzer Prize-winning *Three Tall Women* to the blistering black comedy of Laura Cunningham's *Beautiful Bodies*. Their characters include uprooted Japanese war brides, outrageously liberated Shakespearean heroines, an avenging African American housewife, and nuns who double as Catholic schoolgirls. Whether you're looking for a script to produce or a scene for an acting class, this book will provide you with a wealth of juicy, challenging female roles as it introduces you to some of the finest playwrights at work today.

Not Done Yet! Apr 13 2022 For women over fifty, this invaluable guide combines practical advice, and exercises, and no shortage of sass that will inspire readers to beat ageist limitations and own their careers. Despite advances made by women in the workplace, pay inequity and underrepresentation in top positions are still a reality. And, unfortunately, the situation looks worse for older women, who face what acclaimed author, podcast host, and sought-after coach Bonnie Marcus calls "the double whammy of gendered ageism." As a woman over fifty, you may be wondering if there is anything you can do as you face down diminished responsibilities, decreasing visibility, and the looming specter of being "aged out." In this revelatory, inspiring, and savvy new book, Marcus is out to convince you that, in fact, you can do a whole lot. You can keep your job, advance your career, do the work you love and need to do--and defy all the ageist assumptions that suggest otherwise. In *Not Done Yet!* the realities of ageing in the workplace are not sugar-coated. Straight-talking and savvy, Marcus tells it like it is, and doing so, empowers you to navigate the challenges. She begins by laying out the fears and assumptions that hold women back. Then she shares tips and exercises to stop staying small and stay in the game. Finally, she teaches you how to move from being a sadass to a badass, with practical advice about caring for yourself and fueling your confidence to flourish at work. You are a woman over fifty, and you deserve a seat at the table. You have a wealth of wisdom and experience to offer your workplace. It may feel like the odds are stacked against you, but Bonnie Marcus is here to show you how you can overcome the challenges of gendered ageism. You are not done yet! It is up to you to prove it.

An Enquiry Into the Duties of the Female Sex Feb 11 2022

Making Space for Women Dec 21 2022 From the creation of the Manned Spacecraft Center to the launching of the International Space Station and beyond, *Making Space for Women* explores how careers for women at Johnson Space Center have changed over the past fifty years as the workforce became more diverse and fields once closed to women--the astronaut

corps and flight control--began to open. Jennifer M. Ross-Nazzal has selected twenty-one interviews conducted for the NASA Oral History Projects, including those with astronauts, mathematicians, engineers, secretaries, scientists, trainers, managers, and more. The women featured not only discuss leadership, teamwork, and the experiences of being "the first," but reveal how the role of the working woman in a predominantly white, male, technical agency has evolved. The narratives highlight the societal and cultural changes these women witnessed and the lessons they learned as they pursued different career paths. Among those included are Joan E. Higginbotham, mission specialist aboard the Space Shuttle Discovery; Natalie V. Saiz, first female director of the Human Resource Office; Kathryn Sullivan, the first American woman to walk in space; Estella Hernández Gillette, the deputy director of the center's External Relations Office; and Carolyn Huntoon, the first woman director of the Johnson Space Center. Making Space for Women offers a unique view of the history of human spaceflight while also providing a broader understanding of changes in American culture, society, industry, and life for women in the space program. The women featured in this book demonstrate that there are no boundaries or limits to a career at NASA for those who choose to seize the opportunity.

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